

Kathmandu Valley Trekking is one of the attractive short trips around Kathmandu city. It is also known as Kathmandu rim trekking. Many visitors in Nepal leave for the mountains far too quickly and never get the opportunity to enjoy what is close hand in the Kathmandu valley. This trip includes an eight-day trek around the hills surrounding the Kathmandu valley. The trail with superb panoramic views of the Himalaya mountains. The panorama views from Manaslu, Annapurna, Mt. Everest, Number, and Karyolung. The views are different from each point on the trek Chisapani to Nam Buddha each providing a unique angle and perspective on the Himalayan mountain range in Nepal.

The traveler will also visit the most important religious and cultural sites of the Kathmandu valley and walk to the less visited rural areas with colored farmhouses through rice terraces, orange orchards, and forests. For every night of the trek, you stay at the high-quality hotels/ resorts. The glacier adventure company has designed this trekking around the Kathmandu valley route, especially for family groups with children, as it is a leisurely walk in the beautiful area with enough opportunity to understand the local people, their villages, culture, and lifestyle.

Trip Facts

Duration:

8 days

Activities:

Hiking & Trekking, Tours & Sightseeing

Accommodation:

Teahouse (Lodge to Lodge)

Meals:

Breakfast in Kathmandu/ All the meals during trekking

Max. Altitude:

2150m

Group Size:

Minimum 1

Best Season:

February, March, April, May, September, October, November & December.

Daily walking Hour:

5 to 7 hours

Transportation:

Car/Van/Bus

Glacier Adventure
Company Pvt. Ltd.

Day to Day Itinerary

Day 1: Arrival in Kathmandu

Accommodation: Tourist Standard Hotel | **Meal:** Welcome dinner

When traveler arrival airport in Kathmandu, Our representative will meet you and transfer to the hotel, then take a rest in the evening time will have welcome dinner at Nepali restaurant.

Day 2: Kathmandu sightseeing

Walking hr: 6 hrs | **Accommodation:** Tourist Standard Hotel | **Meal:** Breakfast

After breakfast tour guide pick up you for a tour around Kathmandu valley (Pashupati Temple, Boudhanath, Swayambhu, Kathmandu Durbar square) after that prepare for trekking. Traveler meet trekking guide and team member, they check your equipment as well as advice what you need for trekking.

Day 3: Kathmandu to Chisapani (2210m)

Walking hr: 5 hrs | **Accommodation:** Guest house | **Meal:** Breakfast, Lunch & Dinner

Today, we begin our journey from Sundarijal, where, reached by one hour drive from Kathmandu. The trail ascends up and enters into Shiv Puri national park. By crossing Rhododendron and pine forest, finally, reach Chisapani. On the trail, Traveler enjoy views of snow-capped mountains Langtang and Dorje Lakpa Himal.

Day 4: Chisapani to Nagarkot (2175m)

Walking hr: 7 hrs | **Accommodation:** Guest house | **Meal:** Breakfast, Lunch & Dinner

Today walk 18km Chisapani to Nagarkot. Traveler enjoy beautiful Mountain Views and Kathmandu valley. Cross long forest area and Tamang village. Today is a long day, but not so big up and down.

Day 5: Nagarkot to Dhulikhel (1490m)

Walking hr: 5 hrs | **Accommodation:** Guest house | **Meal:** Breakfast, Lunch & Dinner

Nagarkot is the famous place for sunrise so traveler wakes up early to watch the golden mountain. Breakfast at Nagarkot hotel and the trail descends to Dhulikhel. This is a beautiful place with superb mountain views.

Day 6: Dhulikhel to Panauti (1450m)

Walking hr: 6 hrs | **Accommodation:** Guest house | **Meal:** Breakfast, Lunch & Dinner

After breakfast, Start walking to small village Namo Buddha takes 4 hours. Lunch there then continues to Panauti. Enjoy with amazing mountain views. Panauti is an old Newari village.

Day 7: Panauti to Kathmandu

Walking hr: 3 hrs | **Accommodation:** Tourist Standard Hotel | **Meal:** Breakfast & Lunch

After breakfast gets a local bus, then continue to Kathmandu.

Day 8: Departure day

Meal: Breakfast

We dropped you to the international airport for your departure flight to your onward destinations. Glacier

Adventure Company wish you a wonderful Himalayan adventure in Nepal.

This above information is a guideline and a standard pattern of what we provide. Our trips can be customized in your interest to accommodate your specific requirements. We also arrange Kathmandu valley trekking without sightseeing and hotel arrangements.

NOTE: During the trips, weather conditions, local politics, transportation or multiple other factors. They are beyond our control, can changes itinerary. However, Unlikely that itinerary would be substantially altered, if necessary, Group leader will decide the best alternative, they considering the best one of the whole group. Where a change does occur, we do everything we can to minimize its special effects but we cannot be responsible for the results of changes or delays.

Trip Cost Includes

- Airport / Hotel / Airport pick up & drop by private car / van / bus.
- Standard twin sharing accommodation in two/three star hotel in Kathmandu breakfast included. (4 nights)
- Wel-come and fair well dinner.
- All accommodation and meals during the trek
- A full day sightseeing tour in Kathmandu valley including tour guide and Entrance fees
- Government licensed experienced English speaking Guide. Two people one porter.4 people 1 Sherpa.
- The required number of local staff and Porters to carry your luggage during the trek.
- Food, accommodation, salary, insurance, equipment and medicine for all staff.
- All necessary permits and fees
- Down Jacket and sleeping bag (which needs to be returned after the trek.)
- Free duffle Bag/T- shirt/trekking map
- Surface transfer from and to Kathmandu
- Flight from Lukla to Kathmandu/airport tax and Kathmandu to Hile by bus
- All our government taxes.
- Official expense.

Trip Cost Excludes

- Your travel and rescue insurance
- International airfare and airport departure tax.
- Nepal entry visa, you can obtain a visa easily upon your arrival at Tribhuwan International Airport in Kathmandu.
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle or boiled water, shower etc)
- Personal trekking Equipment.
- Tips for staff.
- Others expenses which are not mentioned on Price Includes.
- Excess baggage charges
- Lunch and evening meals in Kathmandu and Pokhara(and also in the case of early return from the mountain than the scheduled itinerary)

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- Extra night accommodation in Kathmandu and Pokhara because of early arrival, late departure, and early return from the mountain(due to any reason) than the scheduled.

